

## **ARASH FARBOOD, M.D.**

**Associated Professor of Anesthesiology and  
Critical Care Medicine**

**Pain Specialist**



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### **PERSONAL DATA**

Date and Place of Birth: 1968, Tehran, Iran

Nationality: Iranian

Marital Status: Married

### **EDUCATION**

1986 High School Diploma, Babol Taleghani High School, Iran

1995 MD Degree, Shiraz University of Medical Science, Iran

2001 Certification of the Iranian National Board of Anesthesiology

2012 Certification of the Pain Fellowship program of Tehran University of  
Medical Science

## ACADEMIC APPOINTMENTS

2002-Present Assistant Professor of Department of Anesthesiology, Shiraz University of Medical Science

## CLINICAL EXPERIENCE

2001-2002 Worked as Anesthesiologist at the Besat Hospital of Ashkanan, Iran

2002-2010 Worked in Different Fields of Anesthesia (Anesthesia for Thoracic, ENT, Pediatric and General Surgeries and Also Regional Anesthesia for Orthopedic Surgeries) as a Faculty Member of Shiraz University of Medical Science in University Hospitals

2012-Present Working as Anesthesiologist and Pain Specialist at Chamran Hospital and Pain Clinic, Shiraz, Iran

## Employment

2007-2008 Director of Residency Program of Anesthesiology Department, Shiraz University of Medical Science

2012-Present Member of Pain Committee of Shiraz University of Medical Science

## PUBLICATIONS

1. SAR Akhlagh, **A Farbood**, M Tahvili, A Amini, K Eghbal, N Asmarian and et al. Assessment of Analgesic Efficacy of Bilateral Lumbar Erector Spinae Plane Block for Postoperative Pain following Lumbar Laminectomy: A Single-Blind, Randomized Clinical Trial. Pain Res Manag. 2023; 2023: 5813798.
2. **A Farbood**, MA Sahmeddini, M Jalilpour Aghdam, MH Eghbal, A Ariafar, B Narouie and et al. Sudden cardiovascular collapse during the TUL procedure: A case series. Urologia. 2023 Oct 24:3915603231208116.

3. M Rambod, N Pasyar, Z Karimian, **A Farbood**. The effect of lemon inhalation aromatherapy on pain, nausea, as well as vomiting and neurovascular assessment in patients for lower extremity fracture surgery: a randomized trial. *BMC Complement Med Ther.* 2023; 23: 208.
4. SH Mortazavi, Sh Roshankhah, **A Farbood**. A Rare Case of Spontaneous Remission in Advanced Metastatic Carcinoma: Implications for Immunotherapy. *Medi Clin Case Rep J.* 2023. 1(2).
5. **A Farbood**, Gh Tayyebi, V Naderi-Boldaji, N Asmarian. Comparison of the ease of insertion and complications of the classical method of laryngeal mask airway insertion with an alternative method. *Saudi Journal of Anaesthesia.* March 2023. 17(2); 182-186.
6. A Amini, **A Farbood**, MH Eghbal, M Ghadimi, E Shahriyari. Analgesic effect of ketorolac added to lidocaine in surgery of traumatic arm injuries: A double-blind, randomized clinical trial. *Eur J Transl Myol* 10836; September 16, 2022.
7. A Amini, **A Farbood**, S Asadi, H Safari, M Ranjbar. Evaluating the Effects of Lidocaine Alone Versus Combination of Lidocaine with Pethidine for the Intravenous Regional Anesthesia in Upper Limb Soft Tissue Surgery. *Archives of Anesthesiology and Critical Care.* 2022. (In Press)
8. **A Farbood**, S Asadi, A Amini, B Hamze Moghaddam, N Asmariana, V Naderi Boldaji and et al. The effect of posterior tibial and sural nerve blocks on postoperative pain of patients following open reduction and internal fixation of calcaneal fractures. *Foot and Ankle Surgery.* 24 November 2021. In Press.
9. S Jowkar, **A Farbood**, A Amini, S Asadi, B Pourabbas Tahvildari, K Eghbal and et al. Effect of continuous intra-incisional bupivacaine on postoperative pain in non-traumatic spinal fixation surgeries: a randomized controlled trial. *Brazilian Journal of Anesthesiology.* 29 December 2021. In Press.

10. Amini, **A Farbood**, I Ahmadizadeh, S Asadi. Effect of dexmedetomidine as an adjuvant to bupivacaine for supraclavicular block in forearm surgery: A randomized controlled clinical trial. *Bioscience Research*. 2021 18(1): 168-176.
11. **A Farbood**, MA Sahmeddini, Sh Bayat, N Karami. The effect of preoperative depression and anxiety on heart rate variability in women with breast cancer. *Breast Cancer*. 2020 Sep;27(5):912-918.
12. **A Farbood**, S Khademi, R Tajvidi, M Hooshangi, S Salari, M Ghani. Comparison of Intravenous Regional Anesthesia with Single-Cuff Forearm Tourniquet and Hematoma Block and Traditional Method in Patients with Distal Radius Fractures; A Randomized Clinical Trial. *Bull Emerg Trauma*. 2020 Apr; 8(2): 77–82.
13. R Nikandish, **A Farbood**, A Amini, F Tarkesh, Sh Gharache. A rare case of kinked reinforced endotracheal tube in an intensive care unit: a case report. *Rev Col Anest*. 2020. 48(1); 50-52.
14. Kh Rostami, F Sharif, L Zarshenas, As Ebadi, **A Farbood**. Health Needs in Patients Suffering from Chronic Back Pain: A Qualitative Study. *Anesth Pain Med*. 2019 Apr; 9(2): e85244.
15. Sahmeddini MA, MB Khosravi, **A Farbood**. Comparison of Perioperative Systemic Lidocaine or Systemic Ketamine in Acute Pain Management of Patients with Opioid Use Disorder After Orthopedic Surgery. *J Addict Med*. May/June 2019. 13(3); 220-26.
16. M Hashemi, SH Akhlagh, S Hashemi Shadegan, M Taheri, **A Farbood**, P Dadkhah and et al. The Impact of Increased Body Mass Index on the Incidence and Severity of Post-spinal Headache after Cesarean Section. *J Res Med Dent Sci*. 2019. 7(2); 1-5.
17. SH Akhlagh, **A Farbood**, SMR Hadavi, R Raeesi Estabragh, Ra Shahabifar, F Ghahramani Nejad. Effect of Second Person Aid for Upward

- Displacement of Laryngoscope on Laryngeal View during Laryngoscopy. *Int J Med Invest*. 2018. 7(3); 43-7.
18. Kh Rostami, F Sharif, L Zarshenas, A Ebadi, **A Farbood**. Design and Psychometrics of Measurement Tool of Health Needs in Patients with Chronic Back Ache. *Rev Latinoam de Hipertens*. 2018. 13(3); 277-84.
19. **A Farbood**, S Heidari. **The Comparison** of the Effect of Intravenous Acetaminophen with Combination of Suppository Diclofenac and Incisional Bupivacain on the First 24 - Hour Postoperative Pain after Cesarean Section. *Scie J Ilam Uuni Med Sci*. 2017, 25(4): 141-150.
20. MA Sahmeddini, MB Khosravi, M Seyedi, Z Hematfar, S Abbasi, **A Farbood**. Comparison of Magnesium Sulfate and Tramadol as an Adjuvant to Intravenous Regional Anesthesia for Upper Extremity Surgeries. *Anesth Pain Med*. 2017 Dec; 7(6): e57102.
21. A Taheri, **A Farbood**, R Heshmat, A Samadi, P Khashayar, M Qorbani and et al. The effect of transdermal nitroglycerin on pain control in diabetic patients with peripheral neuropathy. *J Diabetes Metab Disord*. 2015; 14: 86.
22. F Zand, A Amini, S Asadi, **A Farbood**. The Effect of Methylnaltrexone on the Side Effects of Intrathecal Morphine after Orthopedic Surgery under Spinal Anesthesia. *Pain Pract*. 2015 Apr;15(4):348-54.
23. A Taheri, N Abolahrar, **A Farbod**. Factors influencing patients acceptance of the interventional procedures for pain management, a report from iran: WIP-0459. 2014/5/1.
24. Sh Paydar, P Farhadi, F Ghaffarpassand, A Taheri, **A Farbood**, Gh Dabiri and et al. Acute Trauma Pain Control Algorithm. *Bull Emerg Trauma* 2014;2(4):170-171.
25. SH Akhlagh, **A Farbood**, SMR Hadavi, R Raeesi Estabragh, R Shahabifar, S Derakhshandeh. The effects of midazolam pre-medication on gastric acidity and gastric contents in children prior to anesthesia. *Eur J Exp Biol*. 2014. 4(1); 685-688.

- 26.A Taheri, N Abolahrar, **A Farbod**. Comment on: Malignant Pheochromocytoma Presenting as Incapacitating Bony Pain. Pain Practice. 12(5); 415.
- 27.**A Farbood**, A Parviz Kazemi, K Akbari. Unintended purge during the start-up process of a syringe pump: report of a case presented with vascular collapse. J Clin Anesth. 2010 Dec;22(8):625-6.
- 28.F Jahanmirinezhad, E Kadivar, H Kamalipour, **A Farbood**. Laryngeal mask airway ease of insertion: Comparison between low dose cisatracurium and succinyl-choline. Journal of Iran Soc Anesth Intens Care. 2011. 71(3); 36-44.
- 29.MA Sahmeddini, **A Farbood**, S Ghafaripuor. Electro-Acupuncture for Pain Relief After Nasal Septoplasty: A Randomized Controlled Study J Altern Complement Med. 2010 Jan;16(1):53-7.
- 30.**A Farbood**, H Kamalipour, MA Sahmeddini, K Samadi. Comparison of the hemodynamic changes following tracheal intubation with direct laryngoscopy and fiberoptic bronchoscopy method in hypertensive patients. J Iran Soc Anaesth Intens Care. 2009. 67(3); 50-8.
- 31.**A Farbood**, Sh Shahbazi. Comparison of two different methods of limb exsanguinations (Esmarch bandage and limb elevation) in intravenous regional anesthesia. J Clin Anesth. 2008 May;20(3):196-9.
- 32.**A Farbood**, S Ghaffaripour, A Amini, K Zohoori. Comparing the effect of halothane and isoflurane in combination and alone for controlled hypotension in spinal column surgeries. J Iran Soc Anesth Inten Care. 2006. 52(4); 22-9.
- 33.E Allahyary, **A Farbood**, S Ghaffari. The Use of Propofol and Remifentanil without Muscle Relaxants for Nasotracheal Intubation in Children. Armaghane-danesh. 2004. 9(33); 1-8.

- 14<sup>th</sup> World Congress of Anaesthesiologists congress in Cape Town, South Africa. 2 - 7 March 2008.
- Hands on Regional Anesthesia Workshop. Dubai, UAE. 23 - 27 October 2011.
- WAPMU Conference & Cadaveric Ultrasound. Kuala Lumpur, Malaysia. 2 - 4 February 2018.

## **MEMBER OF EDITORIAL BOARD**

## **INTERESTS**

## **AWARDS**